

Your Simple NDIS Glossary

If you are new to the NDIS, you will come across lots of new terms and acronyms that might be unfamiliar and confusing. This simple glossary covers some of the basic terms you need to know to navigate your way through the NDIS from A-Z!

Access requirements

These are the requirements you must meet in order to be eligible for the NDIS, they are that you must be:

- Under 65 years old
- Be an Australian citizen or permanent visa holder
- Have a permanent disability

Choice and control

This term describes an important objective of the NDIS, that every participant has the right to make decisions about what is important to them, choose how they would like to receive support and who from.

Disability

This is an important one! Under the NDIS disability is defined as the total or partial loss of a person's bodily or mental functions. It describes a person's impairment of body or function, a limitation in activities or a restriction in participation when interacting with their environment.

Formal supports

Supports that a participant books and pays for.

Goals

The objectives identified in your plan, they are the things that you are working towards with the support provided in your plan.

Informal supports

Support provided from the people around you such as your family and/or friends. You do not pay for this support.

Local Area Coordinator (LAC)

LACs are local organisations working in partnership with the NDIA, to help participants, their families and carers access the NDIS. They help participants write and manage their plans and also connect participants to mainstream services and local and community-based supports.

Plan Managed

Plan Management is when you use a provider like InFocus to manage the financial administration of your NDIS plan on your behalf. You retain choice and control but free up your time as you don't have to track your budget and pay your providers. Also see Agency Managed and Self-managed.

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NDIA

This stands for the National Disability Insurance Agency. The Commonwealth government organisation who administer the NDIS.

NDIS

This stands for the National Disability Insurance Scheme.

Nominee

A nominee is a person who is appointed to act on behalf of a participant.

Participant

A person who meets the eligibility requirements of the NDIS and participates in the scheme.

Reasonable and necessary

Reasonable means something fair and necessary means something you must have. The NDIS funds reasonable and necessary supports relating to your disability to help you live an ordinary life and pursue your goals.

Registered provider

A provider that has met the NDIS requirements for qualifications, approvals, experience, capacity and quality standards to provide a product or service.

Self-managed

Self-management is one of the ways that you can choose to manage your plan. If you self-manage, you look after the financial administration of your NDIS plan.

Support Coordination

Support Coordination is a funded support which assists participants to implement their NDIS plan. There are three levels of Support Coordination being Specialist Support Coordination, Support Coordination and Support Connection. At InFocus, we are registered providers of Support Coordination.
